



Lent
4
Good
Pray, Give, Share, Act

MAKE EVERY DAY ROUTINES COUNT

Turning Tides, the largest provider of support for people experiencing homelessness in West Sussex, are asking you to join with them in reflection and prayer during Lent. The numbers of local people accessing their services is rising and it is only through the collective efforts of the community that they can continue to support those most vulnerable.

Originally founded by a local group of Christians over 28 years ago, Turning Tides hold the Christian calendar very much in their minds as they navigate the uncertainty of the year ahead. Lent and Easter are fast approaching bringing a period of reflection and prayer, together as a congregation and within households across the county. Whilst everyone will have their own special way of observing this time, Turning Tides ask the community to support their Lent4Good campaign.

Turning Tides' Community Fundraising Officer, Moira Gardner reflects:

“Within our faith community, Lent is firmly associated with voluntarily sacrificing comforts to renew spiritual commitment. This year a lot of us have already had to involuntarily sacrifice our way of living, such as being unable to meet up with beloved friends and family, not being allowed at times to follow leisurely pursuits, restricted travel and much more. We are all having to adapt to a changing world which at times can feel burdensome. Some have lost far greater and especially now, kindness and compassion shown to others is so very important. We would like to encourage the community to join with us in our Lent4Good campaign to enable us to support those most vulnerable in our community who have suffered great hardships and struggles.”

Anyone can observe the 4 steps of the campaign during Lent, as part of a community, faith group or individually.

PRAY – keep the men and women who are experiencing homelessness or in danger of losing their homes in your thoughts and prayers.

GIVE – consider making a donation to support Turning Tides' Lent4Good campaign - helping the charity to provide support to the increasing numbers who are experiencing homelessness.

SHARE – whether your congregation meet in the open air or virtually, consider sharing Lent4Good with them – help to spread awareness of homelessness at such a critical time.

ACT – Show compassion and kindness during Lent by following the Lent4Good ideas calendar, containing a variety of ways you might support the men and women who rely on Turning Tides throughout Lent and beyond.

FIND OUT MORE ABOUT LENT4GOOD ON OUR WEBSITE:

WWW.TURNING-TIDES.ORG.UK/LENT4GOOD